### Maryland's Journey

2014 MO Coalition & Psych Rehab Council Conference

Employment Summit

September 24, 2014

#### Maryland Timeline

- Began implementation in 2002
- Started out with six mental health supported employment programs
- About 40 programs have had some level of training
- Currently working with 25 programs
- Currently serving over 2000 consumers

# Training Method Phase I

Consultant and Trainer (CAT)

Two year commitment

1 ½ -2 day(s) intensive training

At least two consultation contacts a month with Supported Employment Program

Fidelity Assessments every six months (annual and biennial)

Technical assistance and plan development

## Training Method Phase II

- Training Resource Program (TRP)
   Consultant and Trainer
  - Technical assistance and training to original sites
  - Train and monitor TRPs
- Two exemplary programs from phase I
- Enables role-specific training and intervention (i.e., CEO to CEO)
- Each TRP trained three Supported Employment Programs over a period of two years. Using some of the same methods from phase I

## Training Methods Phase III

#### **Collaborative Learning Process (CLiP)**

- Condensed three month training collaborative
- Five programs trained at a time
- Programs must commit to completing three month series
- First month is for CEO and executive leadership
- Second month is for agency staff and collaterals
- Third month is for intensive technical assistance
- On going technical assistance with the other trained progarms

#### Service Approaches and Practices

- Clinical Coordination
- Person Centered Care Planning
  - Focusing on strengths , medical barriers and objective to overcome barrier
- Motivational Interviewing
- Strength-Based Language
- Justice Involvement
- Social Security Benefits and Work Incentives
- Assertive Community Treatment and IPS

#### **Preventing Drift**

- Individual Placement and Support service approach to Supported Employment 101
  - April and October
  - New staff, family members, VR staff, NAMI, Board
     Members, consumers, and other stakeholders
- On-site training and technical assistance as needed and/or when requested by program
- Pre-fidelity visit

### Supervisor's Collaborative

- Empower Supervisors/Program Leaders
- Learn from Experts in the Field
- Increase Leadership Skills
- Network
- Maintain Fidelity
- Increase Revenue

Train the Trainer

#### **Topics:** Administration

- Scheduling
- Time Management
- Documentation
- Management Styles
- Use of Outcomes
- Reward-Based Environment
- Billing

- Training/Staff Development
- Staff Morale
- Job Descriptions/Staff
   Recruitment/and Hiring
- Measuring Performance
- Individual & Group Supervision
- Lack of Power/Communication with Executive Leadership

#### Topics: <u>Services</u>

- Motivational Interviewing
- Ethics/Boundaries/Dual relationships
- Vocational Assessment/Goal Writing/Person Centered Planning
- Skills Building for Consumers
- Job Coaching/Follow-along Supports

- Clinical Coordination
- Client Choice/Disclosure
- Consumer Engagement
- Job Development/ Employer Engagement/Employer Relationships
- Customized Employment

#### Structure

- The Supervisors' Collaborative required a one year commitment from the Supervisors/Program Leaders.
- Workshops were held every other month.
- Hour long follow-up conference call between workshops with presenter.
- Supervisors responded so well to the collaborative that we kept it around.